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Method of collecting the sample of FECI for the research of INTESTINAL PARASITES

Parasitological fecal examination allows for the detection of eggs and parasites in the stool; the test is performed in case of prolonged diarrhea or the presence of blood or mucus in the stool.

- Use the special sterile container provided by the laboratory or available for purchase at the pharmacy.
- Defecate on a sheet of toilet paper or paper towel or in a clean plastic container but not in the toilet.
- Open the container and use the spatula to collect a walnut-sized amount of feces (or the equivalent if the feces are pultaceous or liquid).
- > Close the container and wash your hands thoroughly.
- Get the container to the laboratory within two to three hours after collection. Alternatively, store it in a refrigerator (at +2÷8 °C): this way the material can be stored for up to 24 hours

PLEASE NOTE:

- Taking certain medications can affect stool test results. For this reason, it is a good idea to notify your doctor of any current medications to consider discontinuing them in the weeks prior to sample collection.
- No special diets need to be followed in the days before stool collection.